

2025 Practice Schedule

| Court/Time | | Monday | Tuesday | Wednesday | Thursday |
|------------|-------|-----------------|--------------------|------------------|-----------------------|
| Purple | 5-7pm | Hyenas/Penguins | Hyenas/Chinchillas | Valkyrie/Frogs | Chinchillas/Jellyfish |
| Orange | 5-7pm | Frogs | Storm/Jellyfish | Dragons/Dolphins | Lightning/Storm |
| Yellow | 5-7pm | Kiwis/Seahawks | Lightning/Penguins | Basketball | Kiwis/Seahawks |
| Blue | 5-7pm | Youth Training | Valkyrie/Cyclones | Otters/Cyclones | Valkyrie/Cyclones |
| Green | 5-7pm | Sharks/Geckos | Otters/Dragons | Sharks/Geckos | Cardinals/Rams |
| Red | 5-7pm | Coyotes | Cardinals | Coyotes | Dolphins/Frogs |

Court/Time

| Purple | 7-9pm | Eagles/Titans | Gryphons/Trojans | Eagles/Titans | Gryphons/Trojans |
|--------|-------|-------------------|--------------------|------------------|-------------------|
| Orange | 7-9pm | Cardinals/Vipers | Leopards/Wildcats | Cheetahs/Badgers | Leopards/Wildcats |
| Yellow | 7-9pm | Basketball | Sunbears/Thunder | Basketball | Sunbears/Thunder |
| Blue | 7-9pm | Gryphons/Dolphins | Rams/Badgers | Rams/Grizzlies | Grizzlies/Dragons |
| Green | 7-9pm | Setting Training | Cheetahs/Grizzlies | Setting Training | Otters/Vipers |
| Red | 7-9pm | Basketball | Vipers | Basketball | Cheetahs/Badgers |