# munciana musings Musings



#### Happy New Year!

We hope everyone had a wonderful holiday season full of joy and happiness. It is the start of the 2024 club season and the energy is at an all time high! We wish everyone a great start to a year full of growth and success!





## Congrats!

Congratulations to Jillian Kimmel for being named a 2024 Lilly Endowment Community Scholarship Recipient from Delaware County. This honor recognizes her leadership and service to the community as well as her achievements in and out of the classroom.





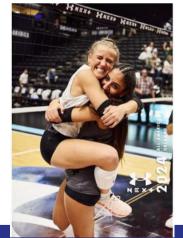
#### **ONLINE MUNCIANA GEAR STORE**

HTTPS://MUNCIANA-PROSHOP.SQUARE.SITE/









# ZOZ4 ALL-AMERICA ORLANDO, FL

#### 2024 UNDER ARMOUR NEXT ALL- AMERICA

"My favorite part about UA week was not only the high level of competition and level of volleyball but it was the friendships and connections I made on and off the court. I am so thankful and so blessed to have met such amazing girls and boys along my journey in Orlando. They would forever be my friends and I can't wait to compete against them in college. See you on the other side of the net!"

#### LOLA SCHUMACHER



#### **RECRUITING CORNER**



"Trying to figure out where you can realistically play volleyball at the next level is an intimidating process to begin."



#### **Determining the Level You Can Play At**

#### **RECRUITING WORKSHOPS**

Munciana's recruiting program holds a series of workshops and college prep program's for 15u-18u recruitable athletes. These programs are intended to aide each athlete who attends them in their recruiting process as well as prepare them for life as an athlete in college.

### WRITTEN COMMUNICATIONS DRAFTING EMAILS

January 9th January 23rd

#### HIGHLIGHT TIME VIDEO HIGHLIGHT CREATION

January 30th

### YOU'VE GOT EMAIL SENDING EMAILS

January 18th

#### **Upcoming Events**

MEPL January 6-7

JVA Rock & Rumble January 6th-7th



MLK Invitational January 13th-15th

JVA Rock & Rumble January 13th-14th

Scrimmage Series #1

January 14th

Midwest Challenge January 20th-21st

MEPL January 27th-28th

#### **DIRECTOR'S NOTE**



January begins our journey into the 2024 season. It's an exciting time. The energy is off the charts, practices are dialed in, and the work ethic is special. My goal every season is to make this attitude stick for the whole season.

I challenge everyone, players, parents, and coaches to make this a six month journey with the same high expectations. The formula? Players, always be a great teammate and take advantage of every practice to improve your skills. Parents, you know your child best. Encourage them and let them navigate the ups and downs. Coaches, set the stage for your team to grow. Your training methods and how you communicate with your players will create a special bond.

Together let's make it a special season.

With the start of the regular season, a reminder to everyone to always represent Munciana at the highest level. A good rule to live by...Let our training and abilities on the court do the talking.

It's time to go to work. Have a great season!
-Wes Lyon

