

Munciana

VOLLEYBALL

2023 PRACTICE SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Ct1 5-7PM	LESSON / POSITIONAL	SETTER TRAINING	LESSON / POSITIONAL	SETTER TRAINING
7 - 9PM	LESSON / POSITIONAL	SAMURAI / QUORA	LESSON / POSITIONAL	SAMURAI
Ct2 5-7PM	PEPPERS / CROCODILES	CHIPMUNKS / RISE	PEPPERS / CROCODILES	CHIPMUNKS / STINGRAYS
7 - 9PM	BEARS	BLAZE / PANDAS	BEARS	QUORA / AZTECS
Ct3 5-7PM	SCRAPPERS / TORTUGAS	STINGRAYS / BULLDOGS	SCRAPPERS / TORTUGAS	PANTHERS / JAGUARS
7 - 9PM	COUGARS / RAPTORS	BANANA SLUGS / GATORS	COUGARS / RAPTORS	BLAZE / RISE
Ct4 5-7PM	KUNOICHIS	FALCONS / JAGUARS	KUNOICHIS	FALCONS / BULLDOGS
7 - 9PM	ZEBRAS / PIRANHAS	AZTECS	ZEBRAS / PRANHAS	PANDAS
Ct5 5-7PM	LESSON / POSITIONAL	YUKONS / PANTHERS	LESSON / POSITIONAL	YUKONS / GATORS
7 - 9PM	KNIGHTS / BOBCATS	TIGERS / CELTICS	KNIGHTS / BOBCATS	TIGERS / BANANA SLUGS
Ct6 5-7PM	TNT (5-6:30P)	PASSER TRAINING	TNT (5-6:30P)	PASSER TRAINING
7 - 9PM	WARRIORS	GIRAFFES	CELTICS / WARRIORS	GIRAFFES

Weekend practices are as follows when there is **NOT** an event being held at the gym.

	SATURDAY		SUNDAY	
9AM-11AM	CHIPMUNKS	COURT 1	CHIPMUNKS	1PM-3PM
	STINGRAYS	COURT 2	STINGRAYS	
	PEPPERS	COURT 3	PEPPERS	
	RISE	COURT 4	RISE	
	SCRAPPERS / CROCODILES	COURT 5	FALCONS / JAGUARS	
	BULLDOGS / YUKONS	COURT 6	WARRIORS / PANTHERS	
11AM-1PM	SAMURAI	COURT 1	SAMURAI	3PM-5PM
	QUORA	COURT 2	QUORA	
	BLAZE	COURT 3	BLAZE	
	PANDAS	COURT 4	PANDAS	
	GATORS	COURT 5	TIGERS / BANANA SLUGS	
	CELTICS	COURT 6	AZTECS / GIRAFFES	

Please NOTE: If there is an event in the facility your coach will confirm your weekend practice day/time.